

LOCKWOOD

Primary School

Newsletter #8

24th March, 2022

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Dates To Remember

29th March	School Council Meeting
31st March	Permission forms for JFC/CC to be returned
1st April	Junior Fun Day/Cross Country—Marong
6th April	Elmore Bakery Pie Orders close
8th April	Final Day Term 1 2:30pm Finish
25th April	ANZAC Day Holiday
26th April	1st Day Term 2
28th April	Elmore Bakery Delivery

OSHC -Online Booking Form

All OSHC bookings should be made through this link. Please save it in your favourites.

<https://forms.gle/TmTqzLfm1VSOqVPv7>

All alterations or cancellations should be made by calling the school office.

FROM THE PRINCIPAL'S DESK

Week 8 already, this term has certainly flown by.



INTERNET UPGRADE

Last week LPS received an internet bandwidth upgrade. The bandwidth for our school has been increased from **20 Mbps to 150 Mbps**. This is a significant increase designed to support teaching and learning in the digital classroom. We have also finished setting up the set of new iPads which were purchased for the P-2 classes. This will provide our students with an excellent and user friendly tool to support their learning in the classroom.

SHADE SAILS GRANT

At the end of last year I applied to the Shade Sails Fund (DET) for a grant to provide shade sails for our outdoor learning spaces. I'm pleased to advise that we were successful and received funding of \$25,000 to install two new shade sails. One will be in the middle of the Suncourt and one will be behind the P-2 buildings over the Amphitheatre. These areas provide fantastic outdoor learning spaces for our students. Work should commence late this term or early next term.

INTRODUCING THE RESILIENCE PROJECT—PARENT AND CARER VIDEO SERIES

Throughout 2022, we will be working closely with The Resilience Project to support the wellbeing of our school community.



The Resilience Project delivers emotionally engaging programs and provides evidence-based, practical strategies to build resilience. Our Partnership Program consists of online presentations and weekly lessons for students, professional development for staff, and Parent & Carer Hub (inc. digital presentations) for our parent and carer community.

Over the coming weeks, we'll be sharing the Parent & Carer Hub with you.

The videos are 5-10 minutes long and will walk through the key pillars of resilience:

Gratitude, Empathy & Mindfulness.

You'll hear stories and be introduced to activities to show how these strategies can support our kids' learning and development, and also support you as parents and carers.

This program is an important part of our school's effort to look after the mental health of our community.

View the first presentation of the series

here: Part 1: Meet Hugh and learn about The Resilience Project -

<https://theresilienceproject.com.au/parent-and-carer-hub-hugh/>

In this presentation, Hugh shares a personal experience about his sister's battles with Mental Illness.

Note: This video contains a story about an Eating Disorder that may be triggering. Please consider this before watching. For mental health resources and support information, visit The Resilience Project's Support Page.

We will be in touch fortnightly to share the remainder of the program, including research and wellbeing activities to integrate into day to day life.

Canteen Volunteer Roster:

Wednesday 30th March:

Help wanted

Wednesday 30th March:

help wanted

Please contact the office if you are able to assist with our

Canteen Roster

Helpers needed for next week's Cross Country event at Marong.

Please contact the school office if you can help out.



'Learning, Caring, Laughing, Sharing'

TRP @ LPS

This week in classrooms the TRP focus has been:

P/1 – Friends that I am grateful for

Gr2 – Inclusion

Year 3/4 – My playground (part 1)

Year 5/6 - Kindness through challenges

TRP@Home:

Something you can try at home—Write down the names of two people who have had a positive impact on you today. ☺

COVIDSAFE UPDATES/REMINDERS

Not much has changed this week, but there are still positive cases circulating so it is important that we all continue to do what we can to keep everyone safe:

- ⇒ Masks are compulsory for Year 3-6 students to wear indoors at school, please remember to send your children to school with a mask. Masks are encouraged for students in Foundation—2 classes.
- ⇒ RATs should be done twice a week (Mon & Wed). The next fortnightly supply of RAT kits will be sent home on Friday with your children.
- ⇒ If children are unwell and/or have flu/cold-like symptoms they should not come to school until the symptoms are gone.
- ⇒ When a child tests positive, please notify the school immediately and they must isolate for 7 days from the date of the positive result.
- ⇒ Parents and Carers are welcome on-site, but please continue to maintain a safe physical distance and wear a mask if entering school buildings. However, for the time-being, we still ask that parents/carers do not enter classrooms unless arranged with the class teacher.

PARENTS/CARERS AND TEACHER COMMUNICATION

If you ever have questions, concerns or worries please don't hesitate to make contact directly with your child's class teacher to discuss. Class teachers are always happy to meet with you to discuss what is happening in the classroom and to also answer questions or concerns that you might have. Please email or phone the teacher to make a time with them.

FEELING TIRED?

In conversations with colleagues, parents and my own friends something I am hearing a lot is: "I'm tired"! Across the State, people are tired—children are tired. It is not surprising if we think about it. A child who is currently in Prep hasn't attended school 5 days a week, for consecutive weeks. Last year, Kindergarten was significantly interrupted too, so routines and rigour have not been fully developed. For our Year 1-6 students it's the same story. 2021 was a year of disruption – in and out of lockdown and mandated isolation periods. The majority of our children have not done a 7 week block for over 6 months, at least. When we consider that, it shouldn't come as a surprise that children are tired. They are not used to a full term of school. Our children are rebuilding their stamina, and we are getting there. Staff are working very hard to keep children engaged and happy and gradually increasing work expectations every day whilst as we try to rebuild their stamina!

With only 2 weeks left of this term, continue to encourage your children and keep them focussed on working towards their goals and to be proud of their achievements. Remind them that the holidays are only a short time away and that they can do this!

Be Well—Be Happy!

Carmen Huszar ☺

Current News/Reminders:**CROSS COUNTRY/JUNIOR FUN DAY**

Our Cross Country and Junior Fun Day will be held on Friday 1st April at Malone Park Recreational Reserve (Marong Football Oval).

We are looking for parent helpers on the day to help out with cross country, please contact the school office if you can help.

Travel to and from the event will be by bus leaving Lockwood from 9:15am and returning to school at about 12:45pm. Students will need to bring their lunch and a labelled drink bottle.

Permission forms were sent home with students on Tuesday and should be returned to class teachers before Thursday 31st March.

WORKING WITH CHILDREN CHECKS (WWCC)

Our school has a Child Safe Policy that requires every person who volunteers at the school and has contact with the children, have a current Working with Children Check— including camps, excursions, gym and swimming and classroom helpers.

We keep a register of parents who have a WWCC. You must add Lockwood Primary School as one of your organisations that you will volunteer at to be included on the list. **WWCCs are FREE for volunteers** and can be obtained online at:

<https://www.workingwithchildren.vic.gov.au/>

If you already have a WWCC, please ensure that Lockwood PS has been added as one of your organisations and check that the card is current. WWCC's last for 5 years and must be renewed.

ELMORE BAKERY PIE DRIVE FUNDRAISER

Order forms for our annual Elmore Bakery Pie Drive were sent home with last week's newsletter. Please pass it around to all your friends and family members.

All products will be baked fresh for our pie drive. This will give you the freedom to simply pop them in the oven or freeze for a future quick and easy meal. Pies are offered in family sizes only this year and there are savoury and sweet pies on offer. **Order forms are due back to the school office by Wednesday 6th April and payment should be made directly to the Elmore Bakery (see bank details and instructions on the form).**

Pies will be delivered to school on **Thursday 28th April and will be available for collection from 3:00pm**. Please ensure that you will be available to collect your order on the day as the school does not have the capacity to store the orders overnight. Elmore bakery pie drive fundraiser

Pies are offered in family sizes and there are savoury and sweet pies on offer.

Reading Nights

25 Nights

Laylah B

Bentley G

Ethan R

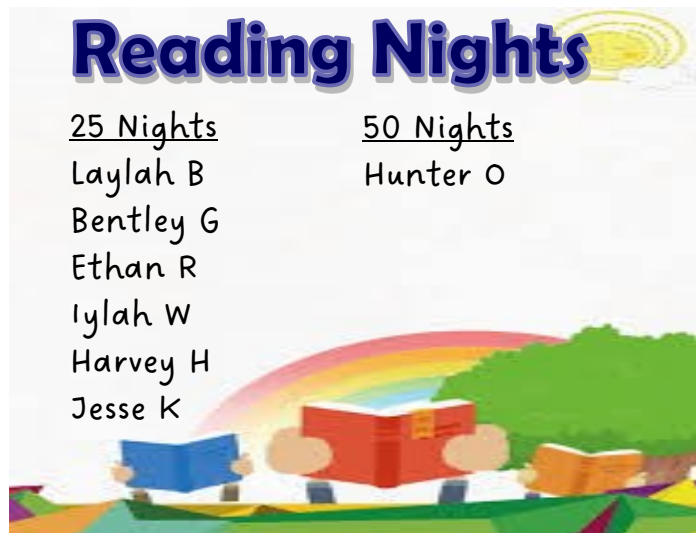
Iylah W

Harvey H

Jesse K

50 Nights

Hunter O





Thank you to Rebecca Ramm and little Mr Carter who volunteered this week in the Canteen. It is great seeing so many different faces come through and help. Remember anyone can volunteer if you have 2 hours spare on a Wednesday morning, working with Children's Check (see details on page 2 of the newsletter) and COVID-19 vaccination.

Thank you to all the families who updated their QKR accounts last week to amend any inconsistencies. Your support is appreciated!

We are excited to be offering in Week 10 (which is only two weeks away...wow!), in addition to our standard canteen lunch, a special order for Recess of Hot Cross Buns on Wednesday 6th April.

The Hot Cross Buns will be included in the standard menu on QKR but will be on a separate tab. **HOT CROSS BUNS WILL BE SERVED AT RECESS** and not part of the lunch order.

We will be offering the following Bakers Delight Hot Cross Buns;

- Traditional Hot Cross Bun
- Apple & Cinnamon Hot Cross Bun
- Choc Chip Hot Cross Bun
- Berry Ripe Hot Cross Bun and;
- Fruitless Hot Cross Bun

We will also be sourcing Gluten Free Hot Cross Buns.

Students will have the choice of fresh buns or toasted/warmed buns, with or without butter. Yum! The Hot Cross Buns will be available to order from next Monday via the QKR app.

Patty Morris & Kelly Jinks, Canteen Co-ordinators



Five Minutes With Staff:

Sonya Taylor



How long have you worked at Lockwood PS?

This is my 8th year at Lockwood Primary School.

What is your role at the school?

I am an Education Support Officer helping teachers and children in the classroom.

When you were little what did you aspire to be?

Funnily enough I always wanted to be a teacher growing up and then went to Uni for another course and ended up working at Bendigo Bank for many years.

What was your favourite subject at school?

My favourite subject was always PE as I loved getting outside and exercising.

If you were a super-hero, what powers would you have?

I would like to be able to make myself invisible whenever I chose. As a mum of 5 kids this could come in very handy some days!!

What's your favourite holiday destination?

We have a cabin at Boort Lakes Caravan Park and out of all the places I have been, I enjoy relaxing here with my family the most.

OSHC NEWS:

Date:28/03/22	Afternoon tea	Activity
Monday	Fruit Spaghetti	Playground
Tuesday	Fruit Yoghurt Cones	Painting
Wednesday	Fruit Pumpkin Soup	Oval Games
Thursday	Fruit Biscuits & Dip	Wii Night
Friday	Fruit Cereal	Skiping Craze

Happy Birthday

Logan



Prep/1 - Bessie A (Learning) for always putting in her very best effort with all learning tasks. Keep up the great work Bessie.

2A- Laylah B (Caring) for consistently displaying kindness and respect towards all of her classmates..

3/4A- Grace G (Caring) for always being kind and caring towards others and she always does her best..

3/4B-Jimmy M (Laughing) for being very diligent with his home reading each night and bringing his diary to school every day..

5/6A-Ally R (Learning) for being engaged with her work and continuously looking to improve her work.

5/6B- Taylah D (Laughing) for returning to school with a positive attitude and being ready to learn. Well done Taylah, keep up the great work!




Community News:


JUNIOR FOOTY

FUN HOLIDAY PROGRAM

A TWO DAY PROGRAM FOR BOYS AND GIRLS



WEDNESDAY, APRIL 13
THURSDAY, APRIL 14
8.30am - 5.00pm
Venue: Fur Life Oval
(Wade Street)



The program will be co-ordinated by experienced teachers and incorporates male and female accredited personnel (Working With Children Certified).

We encourage both boys and girls to be involved in the program.

The program will run regardless of the weather conditions (with modified activities).

The program incorporating Wednesday 13th April and Thursday 14th April is priced at \$140 (or \$80 per day)

*This discounts to \$65 each child if more than 1 family member registers.

All enquiries phone 0420 938 138 (Shawn)

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hair - wax - tan

Sun: Not a chance!
 Mon: If you're lucky
 Tue: 9am - 5.30pm
 Wed: 9am - 5.30pm
 Thu: 9am until late
 Fri: 9am until late
 Sat: 9am - 2pm

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