LOCKWOOD

Primary School

Newsletter #07 15th March 2024

DIARY DATES

March 2024				
Sun 17 th	School Working Bee			
Wed 13 th – Fri 22 nd	NAPLAN			
Tue 19 th	School Council Meeting			
Fri 22 nd	Cross Country & Junior Fun Day			
Wed 27 th	Easter Hat Parade – 9am			
Thu 28 th	Foodbank Food Fight Fundraiser			
	Final Day Term 1 – 2:30pm Finish			
Fri 29 th	Good Friday			
April 2024				
Mon 1 st	Easter Monday			
Mon 15 th	First Day of TERM 2			
Fri 19 th	Legacy's ANZAC Commemoration Ceremony – Melbourne (School Captains)			
Tue 23 rd Wed 24 th	Year 3 & 4 Ballarat Camp			
Thu 25 th	ANZAC Day Public Holiday			
Tue 30 th	GRIP Student Leadership Conference			
May 2024				
Fri 31 st	Athletics Carnival			



FROM THE PRINCIPAL'S DESK

Another busy week here at Lockwood PS, even though a short one. Last Friday our Student Leadership team hosted their first whole school assembly, and they did well despite a few teething problems - it is always good to have an area of growth to work on.

NAPLAN 2024

It was a very smooth start to the NAPLAN assessments this week. The students in Years 3 & 5 approached the writing, reading and conventions assessments with a positive and 'try my best' attitude. Well done to the students and teachers for the work they have put into this. Only one more assessment and then we have time for 'catch-ups' if any students were away.

FOODBANK FOOD FIGHT FUNDRAISER

We are already one week into our fantastic fundraiser, and the excitement is palpable! Our upcoming Food Fight promises to be a whirlwind of vibrancy as we have a day of fun in the sun.

But it's not just about the spectacle; it's about making a difference. Through your efforts so far, we have raised \$490 to go towards Foodbank Victoria.

Congrats to 3/4a for being the classe with the most profiles in the first week of fundraising! They all received their icy poles today!

Remember, if you haven't done it yet, please sign up <u>foodfight.com.au</u> and share your fundraising link far and wide.

Let's see what we can do this week when you all share your profiles with family and friends!

STUDENT LEADERS SPEAK ON RADIO

Today our four school leaders attended Phoenix FM radio station and participated in a segment called 'Creating Connections'. Radio Announcer (& former teacher) John Pearce interviewed our students asking them about why they wanted to be school leaders, leaders they admire, great things about LPS and what advice they would give to new students starting at school. They gave insightful responses and despite a few nerves, they did a great job! Well done James, Olivia, Helena and Jack!

Be Well-Be Happy and have a great week ©

Carmen Huszar

Learning, Caring, Laughing, Sharing

OTHER NEWS & REMINDERS (some repeat items)

CROSS COUNTRY & JUNIOR FUN DAY

The Cross Country and Junior Fun Day is on **Friday 22nd March at Malone Park Recreational Reserve (Marong Football Oval)**. This day aims to promote getting active and getting involved and will be a fantastic day and a chance for children to meet and compete with and against children from Bridgewater, Inglewood, Lockwood South, Marong, and St Marys (Inglewood). This activity is part of the school curriculum, and all students are expected to attend and participate.

The children will travel to and from the event by bus leaving Lockwood at 9:30/9:45am and returning to school at about 12:30pm. The cost of transport will be covered by the school.

Further details and the consent form have been sent home via Compass today. Be sure to have this completed by Thursday 21st March.

Included below is the timetable for the Cross-Country events, just in case you would like to come along and support your child on the day.

Cross Country Event Timetable

 10:30 – 8-year-old boys/girls
 11:20 – 11-year-old boys

 10:40 – 9-year-old boys
 11:30 – 11-year-old girls

 10:50 – 9-year-old girls
 11:40 – 12-year-old boys

 11:0 – 10-year-old girls
 11:50 – 12-year-old girls

Parent Helpers Required - On the day there are plenty of job parents/guardians/carers may be able to assist with, the main on being Points Duty around the Cross-Country Course. This involves being stationed around the course and guiding students as they move around the course. You are more than welcome to bring a chair and some food and drinks to keep you comfortable while you are there. Point Duty helpers will be required at Malone Park by 9:30am so they can be taken to their position around the course. Helpers are also very welcome to assist with the Junior Fun Day events.

If you will be able to assist in either event, please let Patty know in the office as soon as possible. Please note, all volunteers are required to hold a current Working with Children's Check.

WATER BOTTLES



We would like to remind families that all students should have a water bottle at school.

The school operates purely on rain / tank water, and this week we have had some challenges with our fresh water supply. Being on tank water means we do not have mains water to fall back on. Although we are working through the issues and will always ensure we have fresh water available for drinking and washing of hands, we ask that you assist by ensuring your child has a full water bottle from home each day.

GOOD FRIDAY APPEAL EASTER EGG GUESSING COMPETITION - REQUEST FOR DONATIONS



This year our Junior School Council will be holding an Easter Egg guessing competition with all funds raised going to the Royal Children's Hospital Good Friday Appeal.

If you would like to donate easter eggs (small solid eggs or the small hollow eggs) to be included in the guessing jar, please drop them into the front office. If we get enough eggs we will have two

or more jars, which will result in more changes to win. Guesses will be \$1 each and the winner will be announced in the last week of term.

CANTEEN ROSTER

20 March –Lauren B, Louise C, Caitlyn A

27 March – Kelly J, Louise C, Caitlyn A, Nathan F



EASTER HAT PARADE – WEDNESDAY 27TH MARCH



We will be holding our annual Easter Hat Parade in the Sun court at 9am on Wednesday 27t March. We encourage the students to make a hat at home, can be any hat and does not have to be Easter themed, to parade in the Sun court with on Wednesday morning. Parents, carers, and families are encouraged to come along to watch the parade. It is always a bit of fun and there are always some very creative hat designs on display.

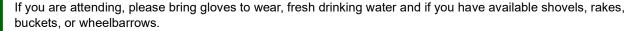
SCHOOL WORKING BEE - SUNDAY 17th MARCH 2024

Thank you to everyone who has come into to put your name down to help this Sunday. The response has been fantastic, and we are looking forward to seeing families here to help make our school look beautiful.

If you have not let us know you can make it but still want to help out, we will be here **Sunday 17th March 2024** from **9am – 12.30pm**, followed by a complimentary BBQ as a thank you to those that have volunteered.

Some of the jobs that we will be tackling:

- Cleaning up the front and staff carpark areas
- Removing branches and wood from around the yard
- Eaglehawk Recycling Centre runs with old furniture
- Cleaning the Lockwood sign
- Cleaning some the drinking taps and troughs
- Digging up the sandpit and replacing the sand
- Weeding.... lots of weeding
- Pressure washing concrete
- Washing down/removing cobwebs from buildings
- Removal of old fence posts





Parent payments help the school to operate effectively. On behalf of our School Council, thanks to the families who have recently assisted the school through attending to Payments for 2024 in the *Payments Centre on Compass*, with some families chipping away with payment plans and online payments. Our school maintains outstanding resources, and the breadth of programs that we run is above that of a standard curriculum in a public school. Thank you to all families who continue to support our school in some little (and often big) ways here and there. The students, and staff cherish the opportunities presented to them.

STUDENT OF THE WEEK AWARDS (WEEK 7)



Foundation	Nate M – (<i>Learning Award</i>) For being organised in the morning and for always trying his best with his learning.
1/2	Logan S – (<i>Laughing Award</i>) For coming to school with a big smile on his face and showing kindness towards those around him. Keep up the great work!
3/4	Keely B – (<i>Caring Award</i>) For always being kind and caring to everyone. You always think of things to do to make others happy
4/5	Kayden B – (Learning <i>Award</i>) For working towards achieving his goals and persisting with improving his writing piece.
6	Kobe S – (<i>Caring Award</i>) For being a kind and polite member of the classroom, who looks out for his friends.



PRINCIPAL'S AWARD - Week 7

Congratulations to **Zali Sawyer** for receiving the award this week. Zali consistently tries hard and shows perseverance and resilience. Well done Zali!



THE RESILIENCE PROJECT G.E.M AWARDS

Mental wellbeing is so important, and incorporating our GEM principles (Gratitude, Empathy & Mindfulness) into our daily routine is a great way to stay mentally healthy. At Lockwood PS we recognised and acknowledge students who demonstrate the GEM principles at school.







Ashton T Spencer S Zali S Joshua O Mikayla T Tye H



Reading Nights

	25 Nights		50 Nights
Geo S	Lily R	Olivia J	Esme W
Ella Mc	Chase N	Stella J	Lachlan W
Rubi-Lee C	James H	Recker B	
Chloe O	Vaida O	Sky F	
	James R	-	



HAPPY PIDAN

MARCH 14, 2024

Happy Birthday to the following students and staff who will be celebrating their birthday over the coming week.

∔ Тееаппа N

♣ Louie B

Jett H

INTERNATIONAL PI DAY

To celebrate Pi Day on the 14th March, Year 6 make a paper chain to represent the first 500 digits of Pi each colour represented a different digit - it stretched out for an amazing 40 metres!



STUDENT WELLBEING & ENGAGEMENT NEWS



Mindfulness

Working on mindfulness gives us opportunities to develop our ability to pay attention to the present moment and our thoughts. Practising mindfulness daily can help us stay focused on set tasks and reduce stress and anxiety.

Whole Family Activity:

Mindful Walk

- As a family, go on a walk outside in nature. This might be around your local walking track, at your local park or just around your streets.
- While walking, tune into your senses and observe what you can see, hear and feel. Or you might choose to focus on one of the senses. E.g.: Hear: what are all the noises you can hear on your walk?
- On your way home or when you return home, share what each person saw, heard or felt.

Family Habit Builder:

Each night at dinner, ask everyone to take one mouthful of food more mindfully than the rest and think about the flavours they can taste and how it makes them feel. (They can also thank the chef!).



TOPIC 2: PERSONAL STRENGTHS

Children and young people need a vocabulary to help them recognise and understand strengths and positive qualities in themselves and others.

This topic provides learning activities to build this vocabulary and to use it when discussing personal, social and ethical challenges.

Research in the field of positive psychology emphasises the importance of identifying and using individual strengths.

Social and emotional learning programs which use strength-based approaches promote student wellbeing, positive behaviour and academic achievement.



UPCOMING EVENTS

*Friday 15th March Theircare turns 7

*Friday 22nd March

Picnic for the Planet

Friday 28th March -Friday 13th April

Service Closed

Monday 15th March

Start Term 2





SERVICE: 0499 387 311

HEAD OFFICE: 1300 072 410

EMAIL: lockwood@theircare.com.au

WEBSITE: www.theircare.com.au

Happy Friday.

Well, that's the end of week 7 of Term 1. Today Theircare turned 7. The children will celebrate with party this afternoon.

The children have had been creating lots of different art works and craft and physical activities.

This week our theme was Autumn. The children have been discussing what happens in Autumn to the leaves.

They made Shadow painting Autumn trees, looking out the window art, foil painted leaves and shaving cream marble painting.

They hung their artwork on the art wall. It certainly brightens up the room.

They learnt and played group games . Some of them include Poison colour, bobs and statues and ball games outside.

The children also had fun making beado creations, Lego creations, drawings and colouring ins and playing in the playground.

Next Friday, 22nd March, we will be having a picnic for the planet event, in conjunction with Earth Hour.

Carol-Ann

Lockwood TheirCare Coordinator

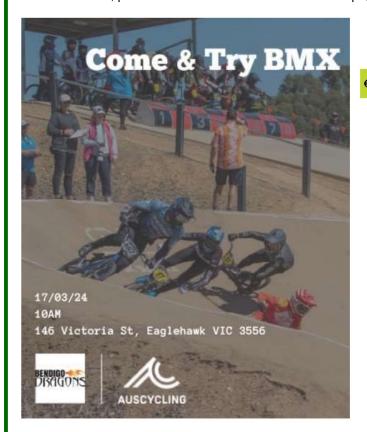






COMMUNITY NEWS

If you are involved in a local community group and would like to have information of an upcoming event included in our newsletter, please email the information to Lockwood.ps@education.vic.gov.au



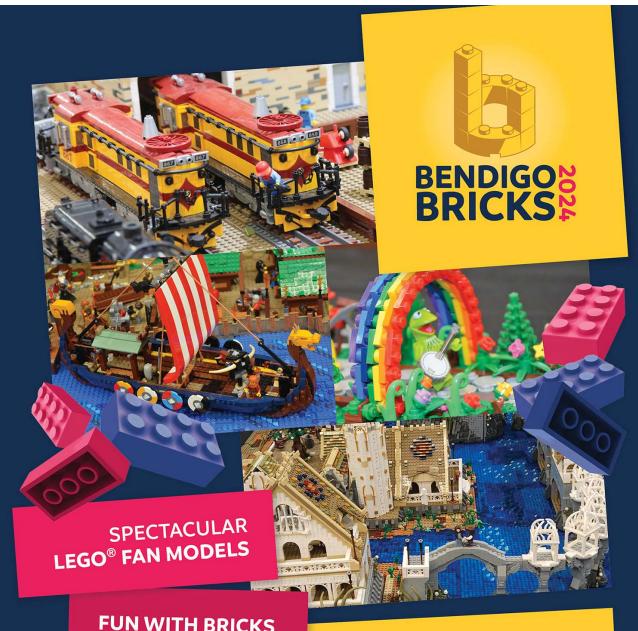




Marong Football Netball Club will be adding an additional team to our junior girl football squad in 2024. The new side will compete in the BJFL and we are looking for U12 girls, keen to give football ago!

We have some talented and experienced coaches currently appointed, driving the growth of female football in our region. We'd love to recruit from around our district and invite any grade 5 or 6 students to come down and give it a go!

We train on a Wednesday evening from 4:30- 5:45pm at Malone Park Oval, Marong. If you'd like any further information, please don't hesitate to contact Nicole Grant on 0408 265 688.



FUN WITH BRICKS
PLAY TABLES

RETAIL STALLS

FOOD TRUCKS

& MORE!

10am-5pm Saturday 6 April 10am-4pm Sunday 7 April

Bendigo Exhibition Centre
Prince of Wales Showgrounds
Holmes Rd, North Bendigo

\$8 online / \$10 at the door Under 4s free www.bendigobricks.com



A family event with entertainment, D.I.Y. plus a Sausage sizzle fundraiser with all funds going to The Good Friday Appeal

Date: Thursday 21st March 2024

Time: 6pm to 8pm

Activities and fun for the whole family

There will be lots of activity including Jirrahlinga Dingo Conservation & Wildlife Education Sanctuary, a rock-climbing wall, Childrens entertainment, face painting, Easter craft activity's, cake and craft stalls, SES, Ambulance Victoria and loads more plus of course a special visit from the Easter Bunny!!!





Refer to your local store for details and book your spot using the QR Code above.

For more information contact us on 54448555 or visit www.bunnings.com.au/Bendigo



