# LOCKWOOO Primary School

Newsletter #01 2nd February 2024

#### **DIARY DATES**

February 2024	
Wed 7 <sup>th</sup>	Prep/Foundation Rest Day
Fri 9 <sup>th</sup>	House Colours Day
Tue 13 <sup>th</sup>	AFL Community Camp – North Melbourne at LPS
Wed 14 <sup>th</sup>	Prep/Foundation Rest Day
Tue 20 <sup>th</sup>	School Council Meeting (Final meeting for 2023)
Wed 21 <sup>th</sup>	Prep/Foundation Rest Day
Wed 28 <sup>th</sup>	Prep/Foundation Rest Day
March 2024	
Mon 11 <sup>th</sup>	Labour Day Public Holiday
Tue 19 <sup>th</sup>	School Council Meeting
Thu 28 <sup>th</sup>	Foodbank Food Fight Fundraiser
Thu 28 <sup>th</sup>	Final Day Term 1 – 2.30pm Finish
Fri 29 <sup>th</sup>	Good Friday
April 2024	
Mon 1 <sup>st</sup>	Easter Monday
Mon 15 <sup>th</sup>	First Day of Term 2
Thur 25 <sup>th</sup>	ANZAC Day Public Holiday



## FROM THE PRINCIPAL'S DESK

Hello everyone, welcome to the 2024 school year!

What a wonderful start to Term 1. As I visited each of the classrooms it was lovely to see that students have returned happy and excited about the year ahead, and even those who are a little reluctant have enjoyed a great couple of days settling back into school routines. The Smart Start assessment interviews were so valuable and the teachers commented how good it was being able to spend that individual time with each child identifying their strengths, as well as areas for improvement. What a successful start to the learning year!

#### **SCHOOL VALUES**

Our school values are: Learning – Caring – Laughing – Sharing
Our School-wide Positive Behaviour Matrix is the foundation of everything
we say, do and expect from one another and provides us with a way to
embed our values across our school community. As part of our 'Smart Start'
to the year, students and staff are developing appropriate expectations
based on the matrix to ensure the safety and wellbeing of everyone here at
Lockwood PS.

In term 1 our Value in focus is: **Learning**. Throughout the term classes will focus on creating a positive learning environment, developing a growth mindset, being organised, identifying strengths and areas for improvement and personal goal setting.

#### **HOUSE COLOURS DAY**

Our four houses are:

As a part of our Smart Start Week Program, next Friday is our "House Colours Day". If possible, students should come dressed in their house colours. Students will be creating team banners and chants, participating in team building games and activities. Throughout these activities, students will be earning points for their house.

Bullock (Blue)
Wiegards (Yellow)

Calder (Red) Wishbone (Green)

#### Remember-Hats On Term 1!

All students need to have a school hat for Term 1. Hats can be purchased through the QKR App.

Please ensure all uniform items are clearly named!



Learning, Caring, Laughing, Sharing'

#### **HOME-SCHOOL COMMUNICATION**

This year our 'communication' day will change to Fridays. Newsletters will no longer be printed and will be distributed to families electronically on a Friday afternoon via Compass and our website. If teachers have notes/information to send home, they will also go home on the same day (whenever possible). So please keep an eye out each week for school information.

If you have any questions or concerns, the class teacher is your first point of contact. Please don't hesitate to contact your child's teacher to organise a mutually convenient time to chat.

Likewise, please don't hesitate to contact me if there is something you would like to discuss. I appreciate time with parents and look forward to those conversations.

#### **ANNUAL PRIVACY REMINDER**

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or were permitted by law, as stated in the Schools' Privacy Policy.

Please take time to remind yourself of the school's collection statement, which can be found on our website.

For more information about privacy, please refer to the Schools' Privacy Policy – information for parents on the Department of Education website. This information is also available in nine community languages.

#### PERSONAL PROPERTY

The DET (Department of Education & Training) wishes to remind parents & carers that personal items brought to school by students are not covered by insurance. Items brought to school are at the student's own risk.

#### **MOBILE PHONE POLICY**

Lockwood Primary School understands that some students may bring a personal mobile phone during school hours. In accordance with the Department's Mobile Phones Policy issued by the Minister for Education, personal mobile phones must not be used at Lockwood Primary School during school hours, unless an exception has been granted.

Where a student has been granted an exception (eg: for a health condition), the student must use their mobile phone for the purpose for which the exception was granted, and in a safe, ethical and responsible manner.

Students who choose to bring mobile phones to school must have them switched off and securely stored at the office during school hours. Mobile phones owned by students at LPS are considered valuable items and are brought to school at the owner's (student's or parent/carer's) risk. Students are encouraged not to bring a mobile phone to school unless there is a compelling reason to do so. Please note that Lockwood Primary School does not have accident insurance for accidental property damage or theft. Where students bring a mobile phone to school, we will provide secure storage. Secure storage is storage that cannot be readily accessed by those without permission to do so. Students are required hand their mobile phone into the school administration office to be placed in a lockable cupboard.

#### YARD SUPERVISION BEFORE & AFTER SCHOOL

Students are supervised in the yard from 8:45am until 9am and until 3:45pm on school days. If you need to drop your child at school outside of those times, please book them into the OSHC service which is operated before and after school by TheirCare (www. theircare.com.au).

#### COVID-19

There is at present an increase in community transmission of COVID-19 in Victoria.

You can help us keep our school as safe as possible by taking 2 important steps:

- 1. Ensure your COVID-19 vaccinations are up to date. Information on how and where to get vaccinated is available on the Get vaccinated webpage.
- 2. If your child shows symptoms of COVID-19, please ensure they stay home and get tested. The easiest way to test is to use a rapid antigen test (RAT). We have RATs available at our school for collection if you need one.

Free RATs are available from your local council where you can collect 2 packs of 5 RATs and an extra 2 packs for each person in your household. People with disability and their carers can get 4 packs of 5 RATs. You are not required to have a Medicare card and you can collect RATs as many times as you need. You can also buy RATs at supermarkets, pharmacies and other retailers.

If your child has symptoms but tests negative, please ensure they stay home until they no longer have symptoms. If the RAT test result is positive, please ensure they say home for at least 5 days and until there are no more symptoms. Thank you for your support – these steps will help us all stay well.

#### START OF YEAR REMINDERS

#### **CELEBRATING BIRTHDAYS AT SCHOOL**



We have introduced ways of acknowledging student birthdays at Lockwood Primary School. Student birthdays are noted in the weekly newsletter and acknowledged in the classroom.

Considering this & with the increasing volume of food allergies, I kindly request that food is **NOT** brought into school to celebrate birthdays. Thanks for your understanding & co-operation.

#### FIRST AID - STUDENT MEDICATION

Just a reminder that any students at Lockwood Primary School who have a medical condition including diabetes, allergies, anaphylaxis, asthma, epilepsy or any other specific medical condition that requires monitoring are required to provide the school with an action plan to help meet the specific needs of your child. This is required for the commencement of the 2024 school year and action plans need to be updated every year. If you did not receive a medication form with your pupil update information, they are available on the front desk in the office. Please contact Patty in the office if you have any questions.

If your child has to take any sort of Medication, either adhoc or ongoing, this must be kept safely in the **OFFICE** and dispensed by a first aid officer at the time. Forms can be obtained from the office. All medication must be in the original packaging. (If medication is not in original packaging staff are unable to administer this medication to students).

Medication is not to be kept in school bags.

#### **TISSUES**

We ask that all families provide each of their children with a large box of tissues for their classrooms. Please hand their box of tissues to your child's individual class teacher.

#### LATE ARRIVAL OR EARLY DEPARTURE OF STUDENTS

Students arriving late to school or leaving early must be signed in / out at the school office. When dropping off late or collecting students early, parents must report to the office first and have their children signed into or out of school. Thank you.

#### PARKING SAFELY AT SCHOOL DURING DROP OFF/PICK UP

Parents are reminded **NOT** to park on the opposite side of Wiegards Road. Please use the marked car parks provided along the school fence. Wiegards Road is very busy during these times, and it is very dangerous for children to cross on foot.



Please do not do U-turns immediately out of the car parks or the drop off zone. Please drive up to the end of the car parks on Wiegards Road and perform your U-turn there.

At the front of the school (along Calder Alt), please park below the light pole, to ensure that the area is left clear for our school bus at the first gate.

Parents are also reminded that pedestrian entry to the school grounds is **NOT** permitted through the staff car park gateway due to safety reasons. Please make sure your children use the gates and paths at either end of the staff car park.

#### LOCKWOOD PS FACEBOOK

Lockwood PS has a Facebook page, as an additional way to communicate with our school community. If you're on Facebook, please follow our page as we will regularly post reminders and information for our families.



www.facebook.com/LockwoodPrimarySchool

#### **BUSHFIRE AT RISK REGISTER**

Lockwood Primary School has been placed on the Bushfire At Risk Register. Inclusion on this register is a trigger for the school to close on days declared by authorities as being Code Red (Catastrophic).



#### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child. The annual CSEF amount per student is \$125 for primary school students.

#### **HOW TO APPLY**

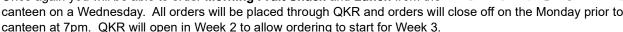
Application forms will be sent home to all new families and to existing families who have new students starting in 2024. If you believe you are eligible for the CSEF fund and do not receive a form, please contact the school office to obtain a CSEF application form.

If you have any queries regarding CSEF, please contact Patty at the school office.

#### CANTEEN

Canteen will be returning in 2024 on Wednesday of Week 3 (14th February).

Once again you will be able to order Morning Fruit Snack and Lunch from the



Patty and Kelly are currently working on changing up the menu a little for Term 1, and once up and running will setup a canteen suggestion and feedback box in the office.

The canteen continues to be 100% Volunteer run, so it is important that we get people to volunteer to help. This ensure the long-term viability of the canteen. Please let Patty know if you can help out on a Wednesday morning. The only criteria is that you have a valid Working With Children check (WWCC). No other experience required.

#### **2024 STUDENT STATIONARY PACKS**

We have been made aware that some headphones that were ordered through our Education Plus book packs have been placed on back order and will be delivered to the school when they are available.

If you find that there was anything else missing from your book pack, please email a copy of the packing list and your original order confirmation email to <a href="mailto:Lockwood.ps@education.vic.gov.au">Lockwood.ps@education.vic.gov.au</a> and Patty will follow up with Education Plus.

#### CONTAINER DEPOSIT SCHEME (CDS)

Lockwood Primary School has registered as a Donation partner for the Victorian Container Deposit Scheme (CDS). At refund locations you can choose to donate your refund to LPS by selecting 'Lockwood Primary School' in the CDS App or by using our Donation Partner ID or barcode below:

**Lockwood Primary School Donation Partner ID C2000009339** 



Location points in our local area include

**Envirobank Kangaroo Flat (Depot)** 10 Phillips Drive, Kangaroo Flat, VIC 3555 **SP Machinery Maldon (Over the Counter)** 14 High Street, Maldon, VIC 3463

**Bendigo Foodshare Golden Square (Over the Counter)** 

2/43 Havilah Road, Long Gully, VIC 3550

For more information, please go to the https://cdsvic.org.au/ website.

To support our efforts, there will also be a yellow wheelie bin placed outside the office during school hours. This bin is for students to place any cans, bottles, or tetra packs they may bring to school for lunch and recess, especially the cans and tetra packs on canteen day.



Happy Birthday to the following students who celebrated their birthday in January.

♣ Willow W

Mason C

👢 Ella W

Cooper R

Bentley G

♣ Lizzy M

Lily J

Mrs Dawborn

and a shout out to the following students (and teachers) celebrating birthdays over the coming week.

Rival B

Lachlan W

Esme W

Mrs Huszar

#### **REMEMBER OUR COMPASS PARENT PORTAL**

ALL excursion notes, newsletters, sharing of student learning, student reports, Conferences and meetings and other important information are distributed through the portal.

This is the major communication tool between school and home.

If you have any problems logging in, please don't hesitate to contact Patty at the office OR send an email to <a href="lockwood.ps@education.vic.gov.au">lockwood.ps@education.vic.gov.au</a>

#### THE RESILIENCE PROJECT SCHOOLS PROGRAM

# PROJECT 🕂

### **Parents & Carers**

#### **EMPATHY & KINDNESS**

Working on empathy helps us to identify, understand and feel what another person is feeling. When we show empathy or we do something kind for someone else, our brain releases oxytocin. This leads to us increasing our self-esteem/confidence, energy levels, positivity and overall happiness.





Empathy has no script. There is no right way or wrong way to do it. It's simply listening, holding space, withholding judgment, emotionally connecting, and communicating that incredibly healing message of 'You're not alone'. - Brené Brown

You can practise empathy in a variety of ways. Below are some ideas you could have a go at doing with the family.



Head out for a walk and challenge the people you are walking with to see how many acts of kindness you can accumulate together while on your walk. Afterwards, discuss how it made you feel.

#### **Support A Charity Or Organisation**

Together as a family choose a charity or organisation you would like to support. This may be something you are passionate about or a cause you feel is in need.

- Research the best way you can support this cause.
- . As a family, make a plan of what you are going to do.
- · Work together to support your charity or organisation.

#### Neighbourhood Kindness Challenge

This is a great way to show kindness and build connection with your neighbours:

- Offer to walk your neighbour's dog or go for a walk with them.
- Take your neighbour's bins out or bring the bins in for them.
- · Offer to do some gardening for them.
- Cook or make a neighbour a meal or some treats.
- Write a little kindness note and place it in their letterbox.
- Make a gift and deliver it.
- Stop and have a chat with your neighbour and ask how their day is going.

#### **Listen Empathetically**

Listening is a big part of being empathetic. If you haven't already listened to Lael Stone on the imperfects podcast talking about listening and responding to children with empathy and compassion, check it out!







The Resilience Project is proud to partner with Coles to support students, teachers and parents to become happier, healthier and more resilient. We are grateful for the commitment and shared vision of Coles to support the mental health of all Australians.

education@theresilienceproject.com.au | (03) 9113 9302 | theresilienceproject.com.au



# **COMMUNITY NEWS**

If you are involved in a local community group and would like to have information of an upcoming event included in our newsletter, please email the information to Lockwood.ps@education.vic.gov.au



# JOIN THE FUN!

Register to the 2024 Auskick Season for the opportunity to be involved in a clinic with North Melbourne or Carlton as part of the AFL Community Camps in Bendigo! Don't miss out on this fantastic opportunity!

Find your closest centre & register!



Note: clinics occurring mid Feb